

Heather Moore, LMFT #132201
916-258-5213
210 Estates Drive, Suite 200
Roseville, Ca. 95678

Local Referrals List

Additional Therapists:

1. _____
2. _____
3. _____
4. www.psychologytoday.com, Online therapist directory

Psychiatric Services/Evaluations:

1. Melanie Trowbridge, M.D, Psychiatrist. www.theintegrativepsychiatrist.com, Roseville, Ca.
2. Anthony Kelada, M.D., Psychiatrist. www.rosevillementalhealth.com, Roseville, Ca.
3. Linder Psychiatric Group, Inc. www.linder-psychiatric-group-inc.business.site, Roseville, Ca.
4. Call your insurance carrier for psychiatric providers within network.

Emergency Services:

1. For life threatening emergencies, please call 9-1-1.
2. For life threatening emergencies, please go to your nearest Emergency Room.
3. National Suicide Prevention Lifeline, 800-273-8255
4. Crisis text line, Text HOME to 741741

Substance Outpatient/Inpatient Services:

1. New Dawn Treatment Center, www.newdawnTreatmentcenters.com, 1-866-969-4300.
2. Akua Mind & Body, www.akuamindbody.com, 1-888-629-6707.
3. Pathways Recovery, www.pathwaysrecovery.com, 916-461-7494

Affordable Counseling/Sliding Scale:

1. Heartstrings Counseling, Loomis, Ca. www.heartstringscounseling.org, 916-676-7405
2. Hearts and Hands Counseling, Roseville, Ca. www.heartsandhandscounseling.org, 916-676-3548
3. Hope Counseling Center, Roseville/Folsom/Sacramento, hope-counselingcenter.org, 916-780-1059